

GAMIgram



Volume 19 EXTRA!

NAMI Glendale

January 2004

SPECIAL REMINDERS DATES AND EVENTS

Tuesday, January 27, 2004, 6:00 to 8:00 pm. Pizza Party for Mental Health Walks

In addition to our usual Share and Care Meeting, NAMI Glendale will treat you to a Pizza Party. We hope to have with us on that evening Nancy Carter, NAMI Walk Coordinator for Los Angeles County. Please bring to the meeting cans and plastic bottles for our recycle drive. Also bring empty coffee cans, markers and crayons from home, pen and paper. We will be decorating the coffee cans so that they may be used as Penny Jars to raise money for the walks. Niki Davis will lead us in brainstorming all of the people and places in our community that we could approach for fundraising. We will also write letters needed in the fundraising campaign. Jane Hancock will bring a couple of laptops and a printer, plus NAMI stationery, so we can get these letters ready to go. Bring addresses. NAMI will furnish the stamps. So come and get in touch with your creative side, enjoy a meal on us, and maybe meet a new member or two.

Don't forget, Jane Hancock, NAMI Glendale President, has promised a dinner for two at a very nice restaurant to the first person who brings in a sponsor donation over \$5000 or more. If no one reaches that goal, the dinner for two goes to the person who brings in the most sponsorship money.



WALK FOR NAMI. WALK!

Tuesday, February 3, 2004

Don't miss these speakers.

A return visit from Karen Cornelius and with her will be Michael Foster Green, Ph.D., a Professor in the Department of Psychiatry and Biobehavioral Sciences at the Geffen School of Medicine at UCLA. His research activities have been devoted to aspects of neurocognitive dysfunction in schizophrenia, including neurocognitive indicators of vulnerability to schizophrenia, neural mechanisms of neurocognitive dysfunction, and markers of abnormal neurodevelopment. He has written two books: Schizophrenia from a Neurocognitive Perspective: Probing the Impenetrable Darkness, published in 1998, and Schizophrenia revealed: From Neurons to Social Interactions, published in 2001.

Karen Cornelius, Psy.D., is a Research Associate.

Wednesday, February 18, 2004

Eat at Shakers and help NAMI Glendale.

Just go to Shakers Restaurant, 801 N. Central Avenue in Glendale between 4 and 9 pm, tell the hostess and your server you represent NAMI Glendale, and a percentage of your bill will be a contribution to NAMI Glendale. Dine in or take out. Be sure when you leave to take home a loaf of their great zucchini bread or a pie. Everything you buy counts! See you there? Glendale NAMI hopes so. Bring your family, invite your neighbors, tell your friends.

REMINDERS!

- ❖ Dues are due!
- ❖ Keep getting signatures on those petitions and bring what you have to the January 27, meeting.